



Broadview gets gov't grant for new lift station

By Andrea Nicholl
news@grenfellsunexpress.com

The Town of Broadview will see the replacement of its aging lift station with the approval of grant funding from the Clean Water and Wastewater Fund (CCWF).

The Government of Saskatchewan recently announced funding for 75 new water and wastewater projects throughout Saskatchewan, including the Broadview project.

Council first expressed interest in upgrading its lift station in November 2013, when the decision was made to engage KGS Group for assessment of the wastewater plant.

While the current lift station is operational, town foreman Brent Bagshaw explained the wastewater plant is challenged by power outages and the onset of high water (like those experienced during the 2011 flooding). When the water table is high, he said, the lift station experiences problems with infiltration and the system struggles to keep up.

In its Sewage Pumping Station Pre-design Report, KGS Group presented the Town of Broadview with two options: the first, to rehabilitate the existing basins and dry pit with new pumps at a cost of \$410,000 with an estimated system lifespan of 10 to 15 years; the second option is to replace the entire lift station at a cost of \$665,000.

Broadview council elected to proceed with option 2. Council earmarked \$166,000 in the 2017 budget for the new lift station, but left construction wholly contingent on receipt of the CCWF, which will cover up to 75 per cent (50 per cent federal infrastructure funding and 25 per cent provincial) of the \$665,000 tab.

Along with a backup power source, the new lift station will feature increased pump supply and a technology upgrade from its current 1960 design.

"KGS Group has since been engaged and is working forward with the final design of the lift station," Broadview Chief Administrative Officer (CAO) Merv Schmdit said on June 23. "Their intent is to meet with council and the public works department in early August with hopes to the plans finalized by the end of August and tender awarded by mid to end of September."

"The investments in infrastructure we are making will benefit Canadians for years to come — creating economic growth and middle — class jobs now, while laying the foundation for sustainable growth in the future," Ralph Goodale, minister of Public Safety and Emergency Preparedness, said in a statement.

To meet criteria established by the CCWF, construction of the Broadview lift station must be completed by March 31, 2018.



A taste of South Korea

Grenfell and area residents had the opportunity to enjoy tastes from around the world on Saturday. The third annual Food and Cultural Festival was held at the Grenfell Apostolic Church over the noon hour, featuring cuisine and culture from Ukraine, South Africa, the Philippines, Sakimay First Nation, Syria, South Korea, and Australia.

Andrea Nicholl/Grenfell Sun Express

Think before demanding antibiotics

By Michelle Nicholson
Special to Grasslands News

Antibiotics are meant to treat bacteria — not viruses.

Saskatchewan is the second highest user of antimicrobials in Canada. Thirty to 50 per cent of all antibiotic prescriptions given to patients are thought to be unnecessary.

Why is this a public health concern? Because bacteria evolve. As they evolve they become resistant to treatment by the known antibiotics prescribing physicians have in their arsenal.

This means that as bacteria build an immunity to an antibiotic, drug-resistant bacteria can become dominant and a new infection can occur.

"Superbugs" is a term being used to title drug-resistant infections such as Methicillin-Resistant Staphylococcus aureus a.k.a. staph infections. Resistance also leaves people with limited options when future antibiotic treatment may be needed, a troubling scenario for those who may need antibiotics in surgical situations or over the course of care of a chronic or long-term illness.

The Regina Qu'Appelle Health Region's (RQHR) Antimicrobial Stewardship Program (ASP) pushes



for better use of antibiotics through collaboration with health care workers, patients and community members.

"When they say, 'what is antimicrobial stewardship?' It's the right drug, the right dose, the right duration and (by) the right route," explained Robert Parker, program manger of the ASP.

The reason for the overprescribing of antibiotics comes down to conversations in doctor's offices. Parker gave an example of a parent bringing a child into a doctor's office on a Friday afternoon. No time to wait for the swab to come back to determine if it is a bacteria or virus; Little Johnny has to head out to soccer tournament on the weekend, so the parent demands an antibiotic prescription.

Continued on Page 7

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GECS students honoured for academic achievements

By Andrea Nicholl
news@grenfellsunexpress.com

Staff, parents and peers gathered June 23 to celebrate the successes and graduation of Grade 6 students from Grenfell Elementary Community School (GECS).

Charlene Kurtz's Grade 6 class will bid farewell to GECS on June 28, and will move on to Grenfell High Community School in the fall. As part of the year-end celebration, each senior student was recognized for their achievements, along with their individual quirks and qualities.

"You can go anywhere and do anything, the choice is yours," Ms. Kurtz said in the one of many personalized speeches she gave to her students.

"You were such amazing leaders and we're really going to miss you," principal Dionne Sproat told the class. "Remember to try your best, be one time, and to always be positive."

The Grade 6 class was celebrated for their participation in extracurricular activities and honour roll students were recognized for their academic achievements.

"To qualify for honour roll these students had to show a great deal of effort and persistence — they never gave up," said Ms. Kurtz, adding a minimum 80 per cent average in the four core subjects (English, math, science, and social) had to be maintained.

"Everyone else: we see how hard you're trying and you're all doing really great things," Sproat added.

Grade 6 students who made the honour roll were: Carly Urschel, Kayden Pillar, Sydney McCormack, Wyatt Knox, Katie Kardash, and Makayla Bolingbroke.

Teacher Brendan Dickie performed a special song to send off the Grade 6 students, reminding them they will always take their elementary experiences with them wherever they go.

"You have a family here," he told the students. "A family at your school and a family in your teachers — that will always be with you, wherever you go."



Grade 6 students at Grenfell Elementary Community School (GECS) were recognized and celebrated at a year-end awards ceremony June 23. Grade 6 students moving to Grenfell High Community School in September include: Makayla Bolingbroke, Liam Cote, Shalayna Daniels, Yannick Gerritzen, Alan Guevara Garcia, Katie Kardash, Shakira Kequahtoway, Wyatt Knox, Carter Loveridge, Sydney McCormack, Jazmin Pelkey, Kayden Piller, Brennan Redwood and Carly Urschel. Photos by Andrea Nicholl/Grenfell Sun Express

"Keep doing the excellent things you're doing, and keep being the excellent people you're being," Sproat said in closing.

Students and staff also took the opportunity to bid farewell to those staff leaving GECS this year: Mrs. Ziola, Ms. Leah Wilde, Ms. April Veidenheimer, Mrs. Moss, Mrs. Piller and Mr. Brendan Dickie.



Grenfell Elementary Community School (GECS) teacher Brendan Dickie bid farewell to the Grade 6 class with a special song, reminding the youths they will always have a family, a place at GECS. Mr. Dickie will also say goodbye to the students and staff at the school this year, moving on to teach in another community.

Area students receive trades scholarships

Submitted

Area high school grads are among 100 recipients of a special trades apprenticeship scholarship.

Grenfell High grad Jonathan Daniels; Terry Rienks, Broadview School; Tyler Kraushaar, Melville Comprehensive School; Joshua Wilkinson, Indian Head High School; and Dylan Silversides, Wolseley High School received the Saskatchewan Youth Apprenticeship (SYA) Industry Scholarship at graduation in June.

Winners were chosen from participants of the Saskatchewan Apprenticeship and Trade Certification Commission (SATCC)'s SYA program, which encourages high school students to explore opportunities in the skilled trades through research and hands-on learning, according to the Saskatchewan Apprenticeship and Trade Certification Commission.

Each year teachers and guidance counsellors nominate at least one outstanding graduate who has completed the SYA program and is working to build a career for themselves in the trades.

One graduate of each of the summer programs administered by the Regina and District Industry Education Council, the Regina Trades and Skills Centre and the Saskatoon Industry Education Council also receive scholarships.

The \$1,000 scholarship will help with tools, tuition in future years of study and accommodation. Recipients redeem their scholarship within two years of graduation by demonstrating they are actively pursuing a career in the skilled trades. They either have to apprentice with an employer and complete level 1 technical training, or complete a pre-employment program.

While the SATCC administers and manages the SYA scholarships, they are made possible due to funding by industry partners and the Government of Saskatchewan.

Over the past seven years, 47 industry partners have donated \$706,000 to support the future generation of Saskatchewan's skilled trades workforce. Funding from the Saskatchewan Innovation and Opportunities Scholarship (SIOS) brings the total contributions to

the SYA Industry Scholarship fund to more than \$1.23 million.

"Congratulations to all of the winners of the SYA Industry Scholarship, and thank you to industry for your support of the next generation of the workforce," said Economy Minister Jeremy Harrison. "We are proud of the achievements of our young people, and look forward to their accomplishments in years to come."

All graduates of the SYA program receive significant benefits. When they register as an apprentice with the SATCC, their registration fee and first level of technical training are waived, and they receive 300 trade time hours.

Currently, there are more than 300 schools registered in the SYA Program and more than 2,900 students participating. In 2016-17, more than 500 students will have completed the program.

"The students who complete the SYA program and demonstrate the merit to receive a scholarship are the type of people we would like to see in our workforce," SATCC board chair Drew Tiefenbach said. "This is why employers and unions continue to donate to this scholarship — it gives back to future generations while also connecting our organizations with the best and the brightest."

Nearly 6,500 students have completed the SYA Program since its inception in 2009-10. Of those completed, more than 1,100 have registered as apprentices and almost 400 have achieved journeyman status.

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GMO attacks are personal

By Andrew Campbell

Troy Media - I'm a farmer who likes to scroll through Twitter. Not long ago, a tweet popped up from a Manitoba farmer criticizing a local cheese maker for pasting Non-GMO Project Verified labels on some products.

It started a conversation that I've seen a hundred times online:

Should companies be able to market whatever and however they want seeking price premiums? Or should they be responsible for ensuring that claims or implications of superiority are supported by good science, not just buzz words and fear marketing?

I've been asked those questions many times. But as I thought about it this time, I realized it goes far beyond scientific evidence and company sales. The reason I get upset seeing the non-genetically-modified-organism (GMO) label on items — or other fancy, feel-good gimmicks — is that I take it personally.

I have the same personal commitment to quality and integrity as tens of thousands of other farmers. It's a passion that can last a lifetime — pride in what we do and sell. Farming isn't simply a job to pay the bills. It's about integrity and a commitment to do better, every day.

That means that I'm eager to back up everything that leaves this farm. Whether it's a wagonload of soybeans, a truck full of corn or a tanker of milk, I stand behind all of it. The guilt would eat me alive if I ever felt a product from my farm hurt anyone.

That trust is why I feed my kids the same milk we ship for consumers. It's why I look for Canadian canola oil grown using genetically-modified

seed. I reject meat at the meat counter if it claims to be hormone-free (not possible) or antibiotic-free (as is all retail meat).

Our corn and soybeans are mostly genetically engineered (or genetically modified, GM). If I didn't use those, I'd need to till my soil or spray more often to control weeds.

Some worry about pesticides applied to GM crops. Almost every crop, whether it's a GM or not, livestock feed or human food, gets sprayed with a pesticide. If we didn't, weeds would rob nutrients from the crop, insects would feast, and fungal diseases and mycotoxins would damage yields and food quality.

Farming isn't easy and Mother Nature's an uncertain ally. Something is always trying to reduce crop yield and quality. We fight to protect it and we are proud of what we have accomplished at harvest.

So where do the concerns come from?

Certainly not from the science community or government regulators, who have shown repeatedly that GM crops are as safe as all others and that registered pesticides (including organic), when used as directed, represent minute risks compared to benefits.

Usually those concerns trace back to companies trying to sell alternatives. Just Label It is sponsored by Whole Foods, Stoneyfield Organics and others like it. Non-GMO Project Verified was started by two "natural food" stores.

They're building their businesses trying to portray me and my family as bad guys — for simply doing what's best for our farm, community, family and customers.

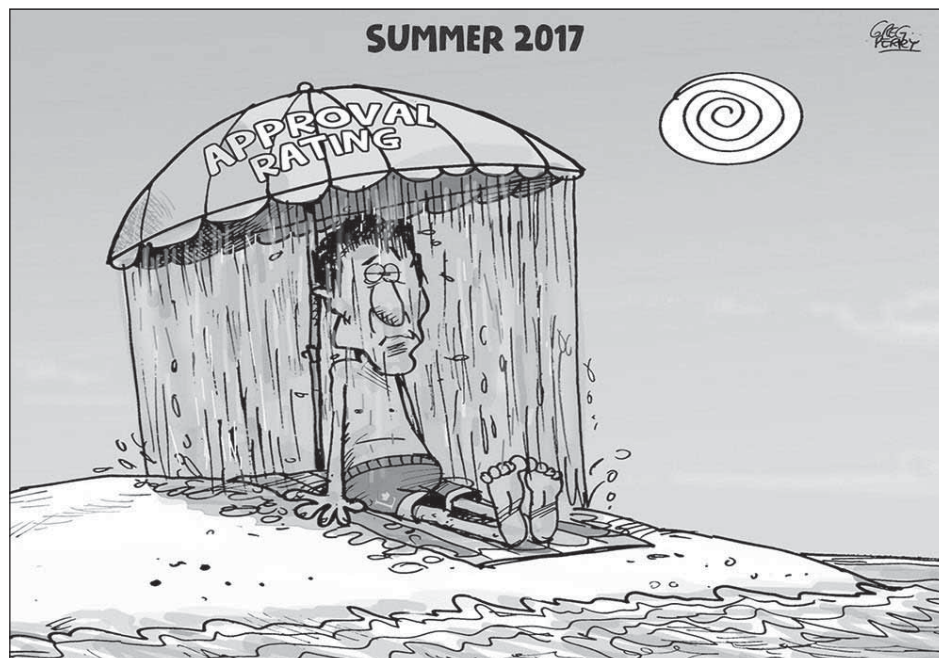
So does it get me upset when I see a claim that defies what's proven to be safe and effective? It's a gut punch to this family

farmer and thousands like me.

Today's food system is not perfect. That's why we work to make it better through dozens of farm and agricultural initiatives. But how we did it 50 years ago isn't better.

I hope you're proud of what you do for a living and your impact. As a farmer, I am.

Andrew Campbell is a dairy and crop farmer near London, Ont.



Changing Canada changes celebrations

Maybe it's because I'm well over 50 years old and getting sentimental for the good old days but it does seem to me that Canada's 150th birthday celebrations pale when it comes to sense of our national centennial in 1967.

Admittedly as a Grade 1 student 50 years ago, it was exciting just to be cutting out the triangles for the stylized maple leaf or listening to Bobby Gimby's Ca-na-da song or seeing the images of Expo '67.

Nevertheless, it seemed that our 100th birthday wasn't all about our history as the 150th birthday seems to be all about today. At least in the eyes of this then seven-year-old, 1967 seemed all about Canada's future. History — even an unfathomable 100 years — meant little to a kid in Grade 1.

Sure, even as little kids we knew about the National Dream of the building of coast-to-coast railway. And we knew all about the Great Wars. But the railway was just a practicality that ran through each community with an elevator — then, usually only nine miles apart — where farm families like mine took our grain to be sold.

And the soldiers who served in the Great War might very well have been our dads or granddads. While they didn't talk much about the wars, those wars didn't seem quite as far away when you could know someone who went through them. But now that all of the First World War vets and most of the Second World War vets are gone, they do seem to be so very long ago — our history, rather something we knew that people lived through.

This by no means suggests that looking back on all that Canada has gone through in the past 150 years is something that we shouldn't do. It is a good thing for a country with a proud history that has been tainted by acts of aggression that started wars or atrocities such as slavery.

Sure, it is an imperfect history. But for however bad our relations have been with First Nations people, we have at least tried to make amends by wisely spending much of the past 50 years coming to terms with the

wrongs of residential schools, treaty land entitlement and the Indian Act.

Certainly, there is much to celebrate.

But momentous anniversaries for a nation should also be about looking forward, as well.

Our 100th anniversary was all about looking forward to another years — how Canada and its communities could be even greater in the next century.

And we put our money where our mouths were, with fantastic centennial projects we still enjoy — largely, created through the support of federal money.

In my hometown of Grandview, Man., it was a regulation-sized ball diamond with wooden grandstands — one of the most spectacular in the province at time.

In nearby Gilbert Plains, it was brilliant little nine-hole golf course along the river, now expanded to 18 holes.

Both became centres of the community and Gilbert's course is still a great draw for retirees for a community struggling to remain viable.

Perhaps it's partly where we live that affects our celebratory outlook.

Back in 1967, Saskatchewan had 85,686 farms and a rural population of 486,017 — more than half the 955,344 provincial population at the time. Saskatchewan's population may have vaulted to 1.16 million today, but there are an estimated 33,000 farms and rural population generously considered to be around 300,000 when you factor the smaller cities.

That means fewer small-town anniversary projects now.

Nevertheless, our focus should still be our future. At 150, we remain a great, proud nation with much reason for hope.

Guest
Columnist

Murray
Mandryk



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Host Chief Lynn Acoose (background) and Cowessess Chief Cadmus Delorme joined the Grand Entry at the Sakimay Powwow on June 24.

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Photos by Andrea Nichol/Grenfell Sun Express

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The Strength is in Community Newspapers!

... think before demanding antibiotics from your doctor



Robert Parker

Continued from Page 1

“Strep throat, most times it’s viral. Anything upper-respiratory is typically viral, which means giving you an antibiotic is not going to do you any good,” said Parker.

Other antibiotic demand scenarios involve people who don’t want to miss work.

“But our physicians would reflect as well: ‘I’m on an island by myself. I’m in my clinic. I’ve got a line up at the door. I’ve got to see all these

people. I’ve got this family member who is coming in here and demanding this,’” he said.

“When we do community engagement it’s not to tell people ‘Don’t go to the doctor,’ it’s to tell people: ‘Go to the doctor and ask for a plan, not a pill,” Parker said.

“The important message is go to your doctor, it’s important to go to your doctor. Develop a plan with your doctor: ‘What am I going to see? What am I going to feel like? How do I make myself feel better so that my body can heal itself?’”

The ASP has developed a brochure and viral prescription pad printed pieces. The viral pad

details the length of time needed to see an end to symptoms of viral upper respiratory tract infections, the flu, and acute pharyngitis, bronchitis, and sinusitis.

Cost implications to treating drug-resistant bacteria are immense. In 2015, a Health Canada report indicated treatment of superbugs has cost taxpayers over \$1 billion in medical care. The average hospital stay is pegged at \$7,121. A stay for treatment of a drug-resistant bacterial infection can range from days to months, depending on the patient.

“The savings that needs to be highlighted with antimicrobial

stewardship is the saving of antibiotics,” Parker stressed. “The resistance is terrible. It’s a crisis... we’re at a state where we’re looking at the reality that we’re going back to the 1900s. If we have resistance to antimicrobials, if we have no more antimicrobials that are working for our patients that are coming in that are sick what does that mean? We’ll see life expectancy go down. We’ll see people dying from simple operations.

We’ll see those kinds of scenarios more and more and more.”

**Note: the Antimicrobial Resistance Learning website explains: An antimicrobial is any substance of natural, semisynthetic or synthetic origin that kills or inhibits the growth of microorganisms but causes little or no damage to the host.*

All antibiotics are antimicrobials, but not all antimicrobials are antibiotics.

Vets & MDs feel pressure to prescribe

By Michelle Nicholson

Special to Grasslands News

According to a recent survey, of the 77 Saskatchewan veterinarians who responded, 53 (69 per cent) reported feeling pressured by clients to prescribe “even after I advise that the patient/animal’s condition does not require antimicrobials.”

For physicians and nurse practitioners, feeling pressured by patients was measured at 90 and 83 per cent respectively.

The Regina Qu’Appelle Health Region Antimicrobial Stewardship Program (ASP) team released results of a 2016 survey conducted with physicians, nurse practitioners, pharmacists, dentists and veterinarians to scan their knowledge and understanding of antimicrobial stewardship.

Ninety-six per cent of veterinarians believed antimicrobial resistance was a concern for both animals and humans. Eighty-nine per cent of the vets agreed that “inappropriate use of antimicrobials in animals contributes to antimicrobial resistance in animals,” and 85 per cent of vets agreed that “inappropriate use of antimicrobials contributes to animal harm.”

Producers use antibiotics in treating sick animals, and some use antibiotics as part of a regimen to keep animals from becoming ill or promote growth. In Canada, it is estimated 50 to 75 per cent of antibiotics are used in agriculture.

According to information from the Centres for Disease Control, drug-resistant bacteria can remain on meat and, if not handled or cooked properly, end up spreading to humans. As well, fertilizer or water containing animal feces and drug-resistant bacteria may be used on crops, ultimately ending up in the human gut.

“When you compare note for note I think it’s an equal misconception that in human health we automatically seem to fall and say ‘animal health is the problem,’ and in animal health they fall and say ‘well, obviously human health is the problem,’” said Robert Parker, program manager with the ASP.

An email reply from the Ministry of Agriculture stated there are no Saskatchewan specific regulations on veterinary drug sales. Federal rules apply to prescribing, which are administered by Health Canada’s Veterinary Drug Directorate. Producers can purchase certain formulations of penicillins and tetracyclines off the shelf.



Uli’s Journey

On a sunny June 21, Uli Schackmann pedalled her bike through Grenfell. After 20 years of participating in rides for charities, she is now bicycling from Alaska to Florida to raise funds for AIDS research. She hopes that her journey will help researchers find a cure for AIDS by 2020. More information can be found at <https://www.gofundme.com/uli-sjourney-com>

Sarah Pacio/Grenfell Sun Express

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Experience – Some office experience preferred
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Starting – Immediately

Description
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Essential Skills
 - Computer use
 - Organization
 - Oral communication
 - Knowledge of social media platforms
 - Properly dealing with confidential information

Work Conditions
 - Repetitive tasks
 - Meeting regular deadlines
 - Fast Paced at times
 - Regular office hours of Monday to Friday – 8 am to 5 pm.
 - Occasional weekend or evenings may be required

Additional Skills
 - Maintain records
 - Order office supplies
 - Provide basic information to customers

Specific Skills
 - Answer, screen and forward telephone calls
 - Greet customers
 - Operate telephone system
 - Perform clerical duties, such as filing, sorting, and distributing mail
 - Data Entry

Training will be provided. We have a comprehensive benefit package including dental, health, and pension

PUZZLE NO. 603

SUDOKU

		1	7					3	9
					5	1		4	
									7
		9	7	8			1		
			3			4			
		5				2	9		
		8				6			7
9	1		5						2

HOW TO PLAY:

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

ANSWER TO PUZZLE NO. 603

2	9	3	8	7	5	4	1	6	9
9	7	1	4	6	9	2	1	8	3
1	8	6	2	3	4	9	5	7	8
8	6	7	4	1	6	3	2	5	9
4	5	1	3	2	8	7	4	6	9
3	2	9	5	7	6	2	9	4	1
7	1	1	8	9	6	2	5	3	4
9	4	1	5	1	3	6	7	8	8
6	3	8	5	4	8	7	4	1	2

CROSSWORD

PUZZLE NO. 867

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
18					19			20			
			21	22	23			24	25	26	
27	28	29			30		31				
32				33			34		35		
36				37			38		39		
40							41				
			42	43	44	45		46	47	48	49
50	51			52			53		54		
55				56				57			
58				59				60			

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ACROSS

1. Move, as wings
5. Unperturbed
9. Green
12. Estimate
13. Not here
14. Organ of sight
15. Garlic feature
16. Curb
17. Animal companion
18. Workout sites
19. Serious theater
21. Light-switch word
24. Sickens
27. Like some nights

DOWN

1. Toad’s relative
2. Refined woman
3. Particle
4. Individual
5. Elevator cage
6. Thunderstruck
7. Burrow
8. Mimicking bird
9. Mended
31. Prance
32. Coffeepot
33. Explode, as a volcano
35. Period in history
36. Mexican sauce
38. Constructor
40. Pig’s lunch
41. Bikini piece
42. Rowed
46. Encase
50. Acorn-bearing tree
52. Across
54. Mud
55. Spotted cube
56. Reminder
57. Yeasty drinks
58. Goof up
59. Urge
60. Shipshape

10. Nay’s opposite
11. All ____ (wrong)
20. Tangled mass
22. ____ market
23. Evergreen
25. Attract
26. Leading performer
27. Rumple
28. ____ hygiene
29. Bystander
30. Bath locale
31. Mix
34. Bar
37. Health resort
39. Earp, e.g.
43. Play
44. At any time
45. Test model
47. Enrage
48. Telephone code
49. Annoying one
50. Verse work
51. Basketball’s contents
53. Gangster’s gun

ANSWER TO PUZZLE NO. 867

L	E	A	T	N	E	A	R	F	R	I
S	E	A	P	O	D	P	R	O	S	E
S	E	A	M	O	M	O	I	S	A	L
A	L	E	M	I	R	E	A	R	O	I
O	A	R	E	D	O	R	E	D	O	A
W	R	A	P	A	R	E	D	O	A	R
S	L	O	F	A	R	E	D	O	A	R
S	A	L	V	A	B	U	R	E	S	A
U	R	E	R	E	R	A	P	T	E	R
M	O	O	N	O	A	I	S	T	E	R
A	L	S	A	T	E	R	O	F	F	O
G	L	A	M	A	D	R	A	V	E	R
S	M	S	W	A	L	E	R	O	U	S
R	A	T	E	R	I	N	I	N	E	R
R	A	T	E	A	V	A	L	E	R	O
F	L	A	P	C	A	L	M	R	A	V

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